



MANOR
COLLEGE
YOU BELONG HERE

Special Menu for Week of March 18 to March 22

Manor College services are proudly managed by CulinArt Group

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MAKE THE CHOICE THAT'S RIGHT FOR YOU.



VEGETARIAN



VEGAN



PLANT-CENTRIC

LUNCH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wakin' Up	Turkey Sausage, Egg & Pepper Jack on Croissant	Omelet with Spinach, Mushrooms & Feta	Blueberry Pancakes	Country Omelet	Ultimate Breakfast Bagel
KETTLE SOUPS	Broccoli & Cheddar	Turkey Vegetable	Potato & Red Pepper	Chicken Noodle	Carrot & Ginger
CHEF'S TABLE LUNCH	National Sloppy Joe Day Beef or Turkey Sloppy Joe Vegan Beef	Shrimp Liguine Alfredo Vegan Chicken Alfredo	Cocina Fresco Chicken Asada Carne Asada Roasted Vegetables	Cocina Fresco Chicken Asada Carne Asada Roasted Vegetables	Teriyaki Salmon Teriyaki Vegan Chicken
ON THE SIDE	Cauliflower Sweet Potato Fries	Broccoli Garlic Breadstick	Ranchero Beans Add Cheese Add Salsa Add Toppings	Ranchero Beans Add Cheese Add Salsa Add Toppings	Broccoli Jasmine Rice Broccoli
CRAFT DELI	Smoked Turkey, Provolone, Onion Ranch Hero	Avocado Lime Chicken Salad Sandwich	Veggie Tuna Croissant	Italian Chicken w/ Roasted Pepper on Ciabatta	Roasted Vegetable & Mozzarella Hero
CITY GRILL	California Fried Chicken Sandwich	Salmon Burger	Philly Burger with BBQ Fries	Kicken' Fried Chicken Classic or Nashville	Kicken' Fried Chicken Classic or Nashville
RICE BOWL	Jasmine Rice w/ Chicken or Chickpeas Choice of Topping	Jasmine Rice w/ Chicken or Chickpeas Choice of Topping	Jasmine Rice w/ Chicken or Chickpeas Choice of Topping	Jasmine Rice w/ Chicken or Chickpeas Choice of Topping	Jasmine Rice w/ Chicken or Chickpeas Choice of Topping
CHEF'S TABLE DINNER	Spaghetti & Meatballs	Southern BBQ Chicken	Pot Roast	Chicken & Broccoli Stir Fry	Crab Cake
ON THE SIDE	Seasoned Green Beans Garlic Breadstick	Lima Beans Herb Mashed Potatoes	Carrots Red Roasted Potatoes	White Rice Egg Roll	Cole Slaw Old Bay Fries
SWEET SHOPPE	Assorted Cookies Brownie	Assorted Cookies Brownie	Assorted Cookies Brownie	Assorted Cookies Brownie	Assorted Cookies Brownie

ALWAYS AVAILABLE FOR LUNCH & DINNER

Salad Bar featuring Local Produce, Proteins, Made to Order Salads, and Seasonal Whole Fresh Fruit



Cycle Menu

MENU SUBJECT TO CHANGE

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your chance for foodborne illness