



MANOR COLLEGE

YOU BELONG HERE

Special Menu for Week of January 22 to January 26
 Manor College services are proudly managed by CulinArt Group
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MAKE THE CHOICE THAT'S RIGHT FOR YOU.



VEGETARIAN



VEGAN



PLANT-CENTRIC

LUNCH	MONDAY	TUESDAY	WELLNESS	THURSDAY	FRIDAY
Wakin' Up	Sausage, Egg & Avocado Breakfast Sandwich	Taco Omelet 	Crunchy Cinnamon French Toast 	Vegetable Frittata 	Breakfast Quesadilla
KETTLE SOUPS	Italian Wedding	Turkey Vegetable	Garden Bean 	Cream of Mushroom 	Tomato Basil
CHEF'S TABLE LUNCH	Carved Beef with Caramelized Onions Vegetable Fried Rice 	Southern BBQ BBQ Beef Brisket BBQ Chicken BBQ Vegan Chicken 	Southern BBQ BBQ Beef Brisket BBQ Chicken BBQ Vegan Chicken 	Southern BBQ BBQ Beef Brisket BBQ Chicken BBQ Vegan Chicken 	Wing Bar Buffalo Garlic Parm Barbecue "Chicken "
ON THE SIDE	Egg Roll Mixed Vegetables 	Baked Beans Mac & Cheese Collard Greens Charred Corn Buttermilk Biscuit 	Baked Beans Mac & Cheese Collard Greens Charred Corn Buttermilk Biscuit 	Baked Beans Mac & Cheese Collard Greens Charred Corn Buttermilk Biscuit 	Fried Cauliflower Ole Bay Fries
CRAFT DELI	Roast Beef, Cheddar & Roasted Peppers on Texas Toast	Avocado Chicken Salad Sandwich	Texas Turkey Sandwich	Vegan Hummus, Carrot, Broccoli & Tomato Wrap 	Chipotle Chicken Panini
CITY GRILL	Grilled Portabella Burger with Red Peppers, Onions & Pepper Jack	Bacon Cheeseburger Crunch Wrap	Buffalo Turkey Burger with Salt & Pepper Fries	Kicken' Fried Chicken	Nashville Hot Chicken 'Wich
RICE BOWL	Jasmine Rice w/ Chicken or Vegan Chicken Choice of Topping	Jasmine Rice w/ Chicken or Vegan Chicken Choice of Topping	Jasmine Rice w/ Chicken or Vegan Chicken Choice of Topping	Jasmine Rice w/ Chicken or Vegan Chicken Choice of Topping	Jasmine Rice w/ Chicken or Vegan Chicken Choice of Topping
CHEF'S TABLE DINNER	Garlic Rosemary Chicken Garlic Rosemary Vegan Chicken 	Sesame Seared Salmon Baked Ratatouille Provencale 	Curry Chicken Vegetable Fried Rice 	Mediterranean Salmon Eggplant Braciole with Salsa Verde 	Oven Roasted Turkey
ON THE SIDE	Green Beans with Mushroom & Shallots Roasted Fingerling Potatoes 	Roasted Beets & Carrots Cumin Basmati Rice 	Roasted Cauliflower 	Stir Fried Mushrooms Mashed Potatoes 	Steamed Broccoli Jasmine Rice
SWEET SHOPPE	Assorted Cookies 	Assorted Cookies 	Assorted Cookies 	Assorted Cookies 	Assorted Cookies

ALWAYS AVAILABLE FOR LUNCH & DINNER

Salad Bar featuring Local Produce, Proteins, Made to Order Salads, and Seasonal Whole Fresh Fruit



Cycle Menu
MENU SUBJECT TO CHANGE
 *Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your chance for foodborne illness