



Managed by CulinArt Group, The Café @ Manor College is open  
 Monday through Friday for Breakfast at 7:30AM-10:00AM  
 For Lunch: 11:00AM-2:00PM | For Dinner: 3:00PM-6:00PM  
 Scott Dubbs – Chef/Manager 215-780-1178 | culinart@manor.edu

**MAKE THE CHOICE THAT'S RIGHT FOR YOU.**

EAT WELL GLUTEN FREE VEGETARIAN VEGAN

MONDAY 10.16	WAKIN' UP	BREAKFAST BURRITO		
	SOUPER SOUP	CREAMY POTATO		
	CHEF'S CHOICE	STUFFED SHELLS W/SWEET ITALIAN SAUSAGE		
	VEGETARIAN	STUFFED SHELLS		
	FLATBREAD PIZZA	CHICKEN & BROCCOLI		
	DOWNTOWN DELI	CUBAN PANINI		
	CITY GRILL	SAUSAGE SANDWICH W/PEPPERS AND ONIONS		
TUESDAY 10.17	WAKIN' UP	BACON SAUSAGE W/PANCAKES		
	SOUPER SOUP	TOMATO		
	CHEF'S CHOICE	FRIED TILAPIA W/QUINOA		
	VEGETARIAN	MEDITERRANIAN QUINOA		
	FLATBREAD PIZZA	MEAT LOVER		
	DOWNTOWN DELI	SEAFOOD SALAD		
	CITY GRILL	3 CHEESE GRILLED CHEESE ON TEXAS TOAST W/TOMATO SOUP		
WEDNESDAY 10.18	WAKIN' UP	APPLE CINNAMON FRENCH TOAST		
	SOUPER SOUP	VEGETABLE RICE		
	CHEF'S CHOICE	BRISKET MAC N CHEESE		
	VEGETARIAN	BAKED SWEET POTATOES W/HONEY BUTTER & CINNAMON		
	FLATBREAD PIZZA	BUFFALO CHICKEN		
	DOWNTOWN DELI	ROAST BEEF HOAGIE W/HORSERADISH MAYO		
	CITY GRILL	MAC & CHEESE BITES		
THURSDAY 10.19	WAKIN' UP	ROASTED VEGGIE OMELETTE		
	SOUPER SOUP	CHICKEN NOODLE		
	CHEF'S CHOICE	PEPPER STEAK		
	VEGETARIAN	VEGETABLE FRIED RICE		
	FLATBREAD PIZZA	APPLE PIE		
	DOWNTOWN DELI	STRAWBERRY SALAD		
	CITY GRILL	BLT		
FRIDAY 10.20	WAKIN' UP	BACON EGG & CHEESE ON PRETZEL BUN		
	SOUPER SOUP	CHEF CHOICE		
	CHEF'S CHOICE	CRAB CAKES		
	VEGETARIAN	ASIAN NOODLE SALAD		
	FLATBREAD PIZZA	4 CHEESE		
	DOWNTOWN DELI	CHEF CHOICE		
	CITY GRILL	BBQ BRISKET SANDWICH W/GHOST PEPPER CHEESE ON KAISER		



\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.